

Healthy Living



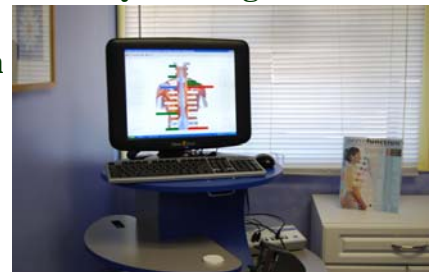
Dr. Saylor's daughter, Bric enjoying the last of summer!

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Upcoming events

Thursday, September 24th is BAFD - "Bring A Friend Day!" Bring a friend or family member for a free scan and consultation and you will receive a **FREE** adjustment & scan for yourself. The scan is performed on our **NEW** diagnostic instrument, The Subluxation Station . This technology features painless and non-invasive tests that will help us characterize abnormal activity surrounding your spine. We are very proud and excited about staying on the leading edge of chiropractic care by offering this service.



September 1st – October 25th ~ Your Key to Good Health

For every new patient you refer to Van Every Family Chiropractic Center you and the new patient will both receive a key to open up the Treasure chest at this years Fall Festival, October 25th. The more patients you refer the more keys you will receive. Each key is a winner!!! Prizes

include a Grand Prize, Gift Certificates, Biofreeze, Chiropractic Adjustments, Massages, Lunches & Hydro-bed visits

Saturday, October 24th, 9:00 a.m. - Noon ~ The 10th Annual Fall Festival

Free Games, Prizes & Food. Free pumpkins for the 1st 100 patients! Have fun while watching our Pirate Magic Show, Bounce in the bouncy house, take a train ride and much more. Entertainment provided by www.jokersfunshop.com.

November 1st – December 31st

Bring in a pair of new gloves (Children or Adult sizes) to receive a FREE visit on our Hydromassage Bed. All Gloves will be donated to the Boys & Girls Club of South Oakland.

Saturday, December 12th

Please join us at Van Every Family Chiropractic Center for goodies, free 5X7 photo and fun as we welcome Santa for a visit from 9 am to noon!

Blind man suddenly sees again after visit to chiropractor

KCRG-TV CHANNEL 9 NEWS IN DUBUQUE - Doug Harkey's visits to a chiropractor had been helpful, but not spectacular, until Thursday, January 3. Harkey is a legally blind 38-year-old Dubuque resident who parachuted out of an airplane in 2006. Not even that adventure prepared him for what followed his January 3 visit to chiropractor Tim Stackis. "My left eye was watering for 45 minutes straight," Harkey said. That left eye had been devoid of sight for 12 years. Goodbye blindness, hello restored sight. "Oh my God, I can see!" Harkey told a friend.



Harkey and Stackis believe a chiropractic adjustment ... restored the lost sight. "Your nerve system controls and regulates every function of your body," said Stackis, who believes chiropractic care can influence healing throughout the body. <http://www.facebook.com/home.php#/video/video.php?v=47668573581&ref=nf>

Vision and Chiropractic – what's the connection?

The nerves from the brain and spinal cord affect the eyes. Nerves exit your brain and travel down your back in your spinal cord (which sits inside your spinal column). These nerves then branch out of your spine and travel up to your neck and into your head. These nerves can affect your vision, hearing and even the very functioning of your brain.



Over a hundred years of clinical research demonstrates that chiropractic care can affect brain function. That's why anyone with a vision or hearing problem should get a chiropractic checkup.

Epidural injections for neck and back pain are useless



We see it time and time again. Patients who were given injections for neck and back pain by their medical doctors fill chiropractors' offices looking for relief.

Here is another study showing the lack of long-term pain relief from epidural injections for people with



neck and back pain. Three hundred (300) patients with neck and back pain were given epidural injections. In two to six weeks, most epidural blocks lost their effectiveness. There was no improvement at 3 months, 6 months or 1 year after injection. The epidurals had no impact on day-to-day functioning, the need for surgery or long-term pain control. Why didn't the shot work? The reason is simple – injections don't correct subluxations (chiropractors do). (1-2)

Enjoy watching as Dr. Saylor's Brother Billy gets married.

Dr. Anna Saylor's Brother, Billy Saylor got married on August 15th, 2009 to the love of his life, Jennifer Yeager (who by the way is Denelle's sister!) in Dr. Saylor's Backyard.

Share in the joy of that day by watching a short video of their wedding celebration.



<http://www.youtube.com/watch?v=9PryFDSQqwI>

Brent Wither, Dr. Anna Saylor-Wither, Jennifer Saylor, Billy Saylor

Swine flu



- The swine flu is no worse than a mild flu.
- The majority of those who get swine flu recover from it without medical care.
- There are cases of children coming down with the “flu” a week or two after they've been vaccinated. Please avoid vaccinations for your children; they weaken their immune systems.

- The swine flu vaccine is untested and unproven (as are all flu vaccines).
- The swine flu vaccine contains dangerous chemicals linked to serious neurological and immunological illness.
- The last time we had a swine flu scare the vaccination killed and paralyzed hundreds of people. One person died from the flu and that was because he went on a strenuous hike while he was sick.
- By the way, if you feel sick don't go on a hike

When it comes to the flu...

- In most all cases in relatively healthy people the flu should run its course.
- Suppressing medical care such as antibiotics, fever reducers, other drugs and vaccinations can make the illness far worse.
- Comfort the patient with natural healthcare methods such as



chiropractic, homeopathy, acupuncture, naturopathy, etc.

- Give nutritional support – broths, light foods. Avoid refined and non-organic foods.
- The flu for most is a temporary inconvenience that leaves a less toxic, healthier person in its wake.

Swine flu vaccine safety?

The swine flu vaccine has been rushed to the market even *before* safety tests are complete. A federal advisory panel said the FDA should move ahead to approve or license the new H1N1 vaccine **without waiting to receive data from clinical trials** to test its safety and efficacy. (3)

Chiropractic research

Still more reasons to show that everyone – no matter what their health – needs chiropractic care.



Cerebral palsy and chiropractic. A mother brought her 2-year-old son diagnosed with cerebral palsy to explore chiropractic care. The child had multiple surgeries and the mother had been told that her child would never be able to walk. When he entered the clinic he was indeed unable to walk unassisted and made very little eye contact.

Chiropractic care was utilized to locate and correct the child's vertebral subluxations. After four visits the boy began to walk on his own, sleep through the night, gain weight and make more eye contact. He also showed improvement in muscle strength, cognitive function and fine motor skills.

He is still under chiropractic care and continues to show improvement with each visit. (7)

Child with motor tics. A 6-year-old girl presented for chiropractic care with a medical diagnosis of "transient motor tic disorder" of six months duration. She had repetitive eye blinking and rolling of the eyes in multiple directions every 3 to 5 seconds, bilateral shoulder shrugging and backward arching of the head and neck with an open mouth. She had suffered trauma to the spine. Examination revealed subluxations of the atlas, C7 and T4 vertebrae and the right sacroiliac joint.

She received chiropractic adjustments to correct subluxations. After 6 visits over a period of 5 weeks her disorder resolved. She returned for care 2½ months later with complaints of eye rolling and repetitive blinking following an ice-skating fall with complete resolution again after care. (8)

Chronic chest pain. A 49-year-old male suffered from chronic chest pain, dyspnea and anxiety for over 4 months. Prior efforts to treat the condition had met with failure. Chiropractic adjustments were given to the thoracic spine and by 14 weeks of care there was a complete recovery that was maintained at 9 months follow-up. (9)

Fibromyalgia and chronic fatigue. Twenty-three patients (aged 11 to 76) suffering from primary fibromyalgia and chronic fatigue syndrome, of 2 to 35 years duration, received from 20 to 48 chiropractic adjustments. After care every patient was able to resume normal activities including full-time work and maintained their improvements at 1 to 1½ years follow up. "Improvement in symptoms of 92-100% was achieved in both these syndromes." (10)



Van Every contact information



**For additional information about
Dr. Anna Saylor-Wither, Dr. Laura Vanloon,
and our office. Please visit us on the web at:
www.vaneverychiropractic.com**

**Check out our blog at:
www.vaneverychiropractic.com/blogspot**

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"Our mission is to work as a dedicated team supporting and educating our community. We encourage better health through Chiropractic with integrity and compassion in a fun, friendly atmosphere."

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