



Healthy Living



Bric Ashley enjoying summer!

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We're Movie Stars! Check us out on Youtube.

Here are a few of the latest videos posted to Youtube. If you go to the Van Every Chiropractic page, you can find even more!

Chiropractic adjustment for colic and ear infections on a child using kst

<http://www.youtube.com/watch?v=ww2QedRZI-c>

Chiropractic adjustment for colic on infant using kst koren specific technique

<http://www.youtube.com/watch?v=4DSri5UXvCw&feature=related>

Chiropractic adjustment for ear infection on infant age 19 months using KST

<http://www.youtube.com/watch?v=TjrQVB0tG1g&feature=related>

KST Chiropractic adjustment for pregnancy and prenatal at Van Every Chiropractic Center

<http://www.youtube.com/watch?v=FTtC5YoV85U>

KST Chiropractic adjustment for pregnancy and prenatal at Van Every Chiropractic

<http://www.youtube.com/watch?v=0zdnV57TuCE>

KST Chiropractic adjustment on Lisa for back pain and headaches at Van Every Chiropractic Center

<http://www.youtube.com/watch?v=KOSrq1hmXCc>

KST Chiropractic adjustment for back pain on Melissa at Van Every Chiropractic Center

http://www.youtube.com/watch?v=W9OLQya_XZQ

Upcoming Events

Thursday, September 24th is BAFD - "Bring A Friend Day!" Bring a friend or family member for a free scan and consultation and you will receive a **FREE** adjustment & scan for yourself. The scan is performed on our **NEW** diagnostic instrument, The Subluxation Station . This technology features painless and non-invasive tests that will help us characterize abnormal activity surrounding your spine. We are very proud and excited about staying on the leading edge of chiropractic care by offering this service.



September 1st – October 25th ~ Your Key to Good Health

For every new patient you refer to Van Every Family Chiropractic Center you and the new patient will both receive a key to open up the Treasure chest at this years Fall Festival, October 25th. The more patients you refer the more keys you will receive. Each key is a winner!!! Prizes include a Grand Prize, Gift Certificates, Biofreeze, Chiropractic Adjustments, Massages, Lunches & Hydro-bed visits

Saturday, October 24th, 9:00 a.m. - Noon ~ The 10th Annual Fall Festival

Free Games, Prizes & Food. Free pumpkins for the 1st 100 patients! Have fun while watching our Pirate Magic Show, Bounce in the bouncy house, take a train ride and much more. Entertainment provided by www.jokersfunshop.com.

November 1st – December 31st

Bring in a pair of new gloves (Children or Adult sizes) to receive a FREE visit on our Hydromassage Bed. All Gloves will be donated to the Boys & Girls Club of South Oakland



Brent Wither, Dr. Anna Saylor-Wither & Bric Wither with Santa 2007

Please join us at Van Every Family Chiropractic Center for goodies, photos and fun as we welcome Santa for a visit on

Saturday, December 6th

from 9:00 a.m. to Noon

After Santa gets adjusted his lap will be available. So bring your holiday wish list and your smiles because we will be taking souvenir pictures for you to remember your visit.

Receive a Free 5X7 Photo!

Call to make your appointment now!
248-616-0900

Asthma and chiropractic



There are possibly millions of asthmatic children who are destined to a life dependent upon medication; these children may never have the chance to see if chiropractic spinal adjustments can help their asthma and provide them with a better quality of life.

– Peter Fysh, DC, researcher

Asthma, a once rare disorder, has exploded in incidence and is now the most common chronic disease in children. It causes more time lost from school than any other pediatric disorder. Asthma was almost never a fatal disease, but now it's attributed to up to 5,000 deaths a year. Childhood vaccination is increasingly implicated as the reason asthma is increasing. (1)

For over a hundred years sufferers of all types of respiratory conditions have sung the praises of chiropractic care. Typical among case histories is that of a 6-year-old girl with three years of uncontrolled asthma. She was on several different drugs daily. In 30 days of chiropractic care she was off all medications, and upon subsequent visits to the pediatrician she demonstrated a marked increase in lung volume. (2)

A study involving 385 chiropractors in seven countries found significant improvement in those patients with asthma and other diseases. The longer the patients stayed under chiropractic care, the more improvements they noted. (3)

In a study of 81 children, 73 showed significant improvement after chiropractic; 25 of them voluntarily decreased their medication by an average of 66.5% and 24 had significantly decreased incidences of attacks by an average of 44.9%. (4)

Anyone with asthma, bronchitis, emphysema or other chronic lung conditions needs to ensure their lungs and bronchi are receiving uninterrupted nerve communication from their brain and spinal cord. Chiropractic is a healing art dedicated to keeping the nerve passages in the body open and unobstructed.

Swine flu vaccine – no thanks



In the 1976 swine flu fiasco millions heeded the call from the government's medical directors to get a swine flu shot because the "killer flu" was coming. Thousands of Americans were either killed or paralyzed but not from the flu – from the swine flu shot. There was no swine flu.

This year is going to be a replay of 1976 – perhaps worse because now they are going to vaccinate nearly everybody, including children – not just adults.

This is a poorly tested vaccine. How do we know this? Because it's only been tested for five days. That's right, you read that correctly – five days. Not everyone who gets a reaction drops dead or becomes paralyzed within a day or two of the shot. For others it may take weeks or months for neurological illness to come to the surface. By that time they probably won't even link it to the shot.

Do yourself and your family a favor – rely on natural methods of health and be wary of injecting *any* dangerous chemicals. Make sure you and your loved ones are free of health compromising

subluxations.

Please view and pass on to all your friends and family this Sixty Minutes report on the swine flu of 1976:

http://www.dailymotion.com/video/x9mh9f_swine-flu-1976-propaganda_webcam

Chiropractic Research

Ear infection, Neck Pain, Headache & Sinus Infection. An 8-year-old girl with a 3-year history of ear infection, head and neck pain and sinus infections had bilateral ear tube surgery twice, antibiotics and sinus surgery with no improvement. She was brought to a chiropractor who found that she had subluxations in her neck. After chiropractic care she reported a dramatic decrease in headaches; sinus and ear infections; and ear, head and neck pain. (8)

Infertility. Three women with a chief complaint of infertility had vertebral subluxations and underwent chiropractic care. All three women conceived following chiropractic care. (9)



Attention Deficit Hyperactivity Disorder. This is a case report of an 11-year-old boy with medically diagnosed Attention Deficit Hyperactivity Disorder (ADHD) who responded to chiropractic and multidisciplinary care. His history included early disruptive experience, repeated ear infections, consistent temporomandibular joint (TMJ) dysfunction, heavy metal intoxication, food allergy, environmental sensitivity and multiple levels of biomechanical alteration. This report emphasizes the need for care of all aspects of the structural, chemical and mental triangle of health in children with ADHD. (10)

Humor

Italian pasta diet – it really works!!

1. You walka pasta da bakery.
 2. You walka pasta da candy store.
 3. You walka pasta da ice cream shop.
 4. You walka pasta da table and fridge.
- You will lose weight!

How observant are you?

There are 29 questions about things we see every day or have known about all our lives. How many can you get right?

These simple questions are harder than you think – it just shows you how little we pay attention to the commonplace things of life. No cheating! Can you beat 18?? (The average score is 7.)

1. On a standard traffic light, is the green on the top or bottom?
2. How many states are there? (Don't laugh, some people don't know.)
3. In which hand is the Statue of Liberty's torch?
4. What six colors are on the classic Campbell's soup label?
5. What two letters don't appear on the telephone dial? (No cheating!)
6. What two numbers on the telephone dial don't have letters by them?
7. When you walk does your left arm swing w/your right or left leg?
8. How many matches are in a standard pack?
9. On the United States flag is the top stripe red or white?
10. What is the lowest number on the FM dial?
11. Which way does water go down the drain, counter or clockwise?
12. Which way does a "no smoking" sign's slash run?
13. How many channels on a VHF TV dial?
14. Which side of a women's blouse are the buttons on?
15. On a NY license plate, is New York on the top or bottom?
16. Which way do fans rotate?
17. Whose face is on a dime?
18. How many sides does a stop sign have?
19. Do books have even-numbered pages on the right or left side?
20. How many lug nuts are on a standard car wheel?
21. How many sides are there on a standard pencil?
22. Sleepy, Happy, Sneezzy, Grumpy, Dopey, Doc. Who's missing?

23. How many hot dog buns are in a standard package?
24. On which playing card is the card maker's trademark?
25. On which side of a Venetian blind is the cord that adjusts the opening between the slats?
26. On the back of a \$1 bill, what is in the center?
27. There are 12 buttons on a touchtone phone. What 2 symbols bear no digits?
28. How many curves are there in the standard paper clip?
29. Does a merry-go-round turn counter or clockwise?

Answers: 1. Bottom 2. 50 (please tell me you got this one!) 3. Right 4. Blue, red, white, yellow, black, & gold 5. Q, Z 6. 1, 0 7. Right 8. 20 9. Red 10. 88 11. Counter (north of the equator) 12. Towards bottom right 13. 12 (no #1) 14. Left 15. Top 16. Clockwise as you look at it 17. Roosevelt 18. 8 19. Left 20. 5 21. 6 22. Bashful 23. 8 24. Ace of spades 25. Left 26. ONE 27. *, # 28. 3 29. Counter

Van Every Contact information



**For additional information about
Dr. Anna Saylor-Wither, Dr. Laura Vanloon,
and our office. Please visit us on the web at:
www.vaneverychiropractic.com**

**Check out our blog at:
www.vaneverychiropractic.com/blogspot**

Become a fan on Facebook!

**Follow us on Twitter at:
Drsaylor
Drvanloon**

"Our mission is to work as a dedicated team supporting and educating our community. We encourage better health through Chiropractic with integrity and compassion in a fun, friendly atmosphere."

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